

I was swAmi's disciple for nearly 20 years. I was a teacher of YIDL. I took care of one of the yoga centers for some years. Till that night I am going to describe I had completely believed him. I was so happy, that I had found a spiritual path. I have been working for it every free minute I had.

It has changed with my experience with him, which happened 15 years ago.

He came after me in ashram before satsang and ask me, how am I. I admitted I have problems with my studies at the university. He told me we can discuss this later and he invited me to come after the satsang to the flat, where he was living during his stay in our town.

After the satsang we were cleaning the ashram and than somebody took me by car to that flat. In the flat was just one older lady who I know very well and swAmi. He was in the bedroom. swAmi called me to come after him. There was just the dim light in the room and air was full of fragrances from agarbatis (incense sticks). swAmi asked me to come closer; I decided to sit on the carpet. He asked me to come closer once and once again, and then he ordered me to put my T-shirt and bra down and to lay on him. I did it, completely confused. Older lady came in the room, she brought something. I was feeling very unpleasant but she didn't seem to me surprised at all. swAmi was staring in my eyes for a long time. I did the same and I was thinking what kind of test is it. Upper half of his body was naked and he asked me to recharge my heart from his. Suddenly he put his hand in my panties and his finger in my vagina and was trying to sexually excite me. I was in a shock. I think he felt my disagreement in a first moment he did it, because he tried to convince me with these words: This is a divine bliss, ananda. I argued that it is not. He repeated the same phrase with divine bliss and I insisted on my no, it is not. He pulled back his hand and asked me to get dressed. He came after me to hall and ordered me not to tell anybody what had happened there. Then he asked me if my confidence towards him was bigger, I knew what he had wanted to hear and even though I didn't want to, I said YES. I don't remember how I got home; I just remember my completely confused feelings.

I have been trying to explain what he had done for so many years. Maybe he did it to burn my bad karmas. Maybe he did it because of my bad sexual experience with my previous partner and wanted to help me. Maybe he tested my devotion what I was able to give, to surrender. But deep in my heart I knew from the first moment; these are only apologies for him. I was afraid to loose my guru, my belief, and my confidence.

When I tried to speak to someone from yoga about it, for everybody it was a blessing or he was testing my confidence, even how I was blessed, that he has such a confidence in me, that he can do something like this to me , that he really had trust in me.

I know two another ladies from YIDL who had a sex experiences with him, one voluntary, one involuntary, but they didn't want to speak about it with me.

In next 15 years I started to cut slowly this bond towards swAmi and YIDL.

In coming years swAmi was trying to give me 3 different tasks in different towns in one moment impossible to fulfill these tasks in one body I didn't take even one.

During that intercourse he had told me, that he is the only man for me in this universe but later I got married to a wonderful man and we live happily for more than 10 years now.

He told us to postpone our marriage but we decided to marry exactly the time, when we wanted to.

But it took me 15 years to cut that bond completely. To say to myself honestly: My guru abused me, he misused my confidence. I quit, I finish. And the fact is, I allowed him to do it, because I allowed him to suppress my healthy mind and my sensitivity towards myself. But now it is over. Sincerity towards myself has liberated me. Now I am once more myself, I feel complete.

Maybe, you have these questions... Did I say NO, directly to him? NO, I didn't. Why? I was shocked and after it I was looking for some spiritual reason, why he is doing it. Am I angry that he had a sex with young women? No, I don't mind at all that he had a sex with his disciples, I mind he had pretended he didn't and I mind the manipulation of trust that he used to get them into his bed. That means for me to lie. Why I published it now, do I want to destroy and deny his work and the benefits of yoga practice? Not at all. What is true and real from YIDL, it will remain. But all his disciples deserve to know the truth. Also I feel I owe to these ladies, who were brave enough to publish their testimonies, to support them. They helped me a lot to do the final step. If my testimony will help at least one girl or woman to overcome her horrible experience or better to prevent it, my testimony will fulfill its purpose. I know my experience is not at all as horrible as those described in previous testimonies. Even though I've had to fight with it for a really long time. Maybe some another woman had some similar one and tries to convince herself that what happened to her is completely explainable and spiritual and OK. Listen to yourself and believe yourself IT IS NOT.